

Only flush

PAPER

PEE & POO

down the loo!

Protect your home and the environment

Small items dropped down the toilet or kitchen waste poured down the sink can build up and cause drains to overflow.

In the bathroom

Only the three Ps – pee, poo and paper should go down the loo, everything else goes in the bin.

- Cleansing wipes, ear buds, dental floss, plastic razors and cotton pads should go in the bin, not down the loo
- Nappies, baby wipes, tampons, sanitary towels, panty liners, colostomy bags and condoms should be bagged and binned.
- Items labelled flushable and biodegradable should be placed in the bin.

In the kitchen

Like us, our drains are better off on a low fat diet – when fat cools it transforms into a concrete-like material which can cause blockages and flooding in your home.

- Fat, oil and grease can be drained into old plastic pots, allowed to cool and then put in the bin
- Leftover uncooked food and vegetable peelings can be composted – it's great for the garden. Cooked leftovers should be put in the bin
- Any leftover sauces and yoghurt should go in the bin.



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